

Bonjesta®
(doxylamine succinate and pyridoxine hydrochloride)
Extended-release tablets 20 mg/20 mg

*You've always
been in control*
Get back to YOU



Bonjesta® is a safe and effective morning sickness medication for when diet and lifestyle changes can't control your symptoms.

INDICATION

Bonjesta® is a prescription medicine used to treat nausea and vomiting of pregnancy in women who have not improved with change in diet or other non-medicine treatments.

LIMITATIONS OF USE

It is not known if Bonjesta® is safe and effective in women with severe nausea and vomiting of pregnancy, a condition called hyperemesis gravidarum. Women with this condition may need to be hospitalized.

SELECT SAFETY INFORMATION

Do not take Bonjesta® if you are allergic to doxylamine succinate, other ethanolamine derivative antihistamines, pyridoxine hydrochloride or any of the ingredients in Bonjesta®. Please refer to the Patient Information leaflet for the complete list of ingredients. You should also not take Bonjesta® in combination with medicines called monoamine oxidase inhibitors (MAOIs), as these medicines can intensify and prolong the adverse central nervous system (CNS) effects of Bonjesta®. Please ask your healthcare provider or pharmacist if you are not sure if you take an MAOI.

The most common side effect of Bonjesta® is drowsiness. Do not drive, operate heavy machinery, or do other activities that need your full attention unless your healthcare provider says that you may do so.

Do not drink alcohol, or take other CNS depressants such as cough and cold medicines, certain pain medicines, and medicines that help you sleep while you take Bonjesta®. Severe drowsiness can happen or become worse causing falls or accidents.



Bonjesta® multilayer, extended-release tablets are designed to provide rapid and continuous relief of morning sickness symptoms throughout the day and night



*Tablets are pink with the image of a pregnant woman on one side and a "D" on the other.
Tablets shown not actual size.*



You're not alone

- Up to 85% of pregnant women experience morning sickness
- Of those women, 95% have symptoms that last well beyond the morning
- Morning sickness begins as early as week 4-6 and usually peaks around week 10
- For approximately 10% of women, symptoms persist throughout their pregnancy

What are the possible side effects of Bonjesta®?

- The most common side effect of Bonjesta® is drowsiness.
- **Do not** drive, operate heavy machinery, or do other activities that need your full attention unless your healthcare provider says that you may do so. **Do not** drink alcohol, or take other CNS depressants such as cough and cold medicines, certain pain medicines, and medicines that help you sleep while you take Bonjesta®. Severe drowsiness can happen or become worse causing falls or accidents.
- Bonjesta® may cause an incorrect positive result for urine drug screening tests for methadone, opiates and PCP.

Bonjesta® is safe for you and your baby

The combination of ingredients in Bonjesta® is one of the most studied in pregnancy and:

- **Does not increase the risk of birth defects**, even when taken in the first trimester
- Has a **60+ year record of safety**
- Has been **used by over 35 million women worldwide** to treat morning sickness



Please see Important Safety Information on next page.

Simple dosing

Day 1:

Take one tablet by mouth at bedtime. Always take Bonjesta® with a glass of water, on an empty stomach



Day 2:

If you still have symptoms on day 2, increase your daily dose to one tablet in the morning and one tablet at bedtime

Daily dose: do not take more than 2 tablets per day



Bonjesta® is affordable

When you're ready to start treatment, please visit www.bonjesta.com to discover how you could save on Bonjesta!
For more information: 1-800-250-5195

If you don't have insurance or your insurance does not cover Bonjesta®, you may wish to fill your prescription through our mail order service, **Bonjesta At Home®**. **For more information: (844) 716-HOME (4663)**

If you can't afford your prescription, you may be eligible to receive Bonjesta® at no charge through our **Patient Assistance Program**. Simply complete the application at Bonjesta.com

INDICATION AND IMPORTANT SAFETY INFORMATION

INDICATION

Bonjesta® is a prescription medicine used to treat nausea and vomiting of pregnancy in women who have not improved with change in diet or other non-medicine treatments.

LIMITATIONS OF USE

It is not known if Bonjesta® is safe and effective in women with severe nausea and vomiting of pregnancy, a condition called hyperemesis gravidarum. Women with this condition may need to be hospitalized.

IMPORTANT SAFETY INFORMATION

Bonjesta® is intended for use in pregnant women. It is not known if Bonjesta® is safe and effective in children under 18 years of age.

Do not take Bonjesta® if you:

- are allergic to doxylamine succinate, other ethanolamine derivative antihistamines, pyridoxine hydrochloride or any of the ingredients in Bonjesta®. Please refer to the Patient Information leaflet for the complete list of ingredients;
- take monoamine oxidase inhibitors (MAOIs). Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including Marplan, Nardil, Emsam, Eldepryl, Zelapar, and Parnate.

Before taking Bonjesta®, tell your healthcare provider about all of your medical conditions, including if you: (1) have asthma; (2) have eye problems called increased intraocular pressure or narrow angle glaucoma; (3) have a stomach problem called stenosing peptic ulcer or pyloroduodenal obstruction; (4) have a bladder problem called urinary bladder-neck obstruction; (5) are breastfeeding or plan to breastfeed. Bonjesta® can pass into your breast milk and may harm your baby. You should not breastfeed while using Bonjesta®.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

How should you take Bonjesta®?

- Talk to your healthcare provider about how much Bonjesta® to take and when to take it.
- Take Bonjesta® everyday as prescribed by your healthcare provider. Do not stop taking Bonjesta® without talking to your healthcare provider first.

- **Do not** take more than 2 tablets (1 in the morning and 1 at bedtime) each day.
- Take Bonjesta® on an empty stomach with a glass of water.
- Take Bonjesta® tablets whole.
- If you take too much Bonjesta® (overdose), you may have the following symptoms: restlessness, dry mouth, the pupils of your eyes become larger (dilated), sleepiness, dizziness, confusion, fast heart rate, seizures, muscle pain or weakness, urination changes and build-up of fluid in the body. If you have these symptoms and they are severe, they may lead to death. If you take too much Bonjesta®, call your poison control center at 1-800-222-1222.

What are the possible side effects of Bonjesta®?

- The most common side effect of Bonjesta® is drowsiness.
- **Do not** drive, operate heavy machinery, or do other activities that need your full attention unless your healthcare provider says that you may do so. **Do not** drink alcohol, or take other CNS depressants such as cough and cold medicines, certain pain medicines, and medicines that help you sleep while you take Bonjesta®. Severe drowsiness can happen or become worse causing falls or accidents.
- Bonjesta® may cause an incorrect positive result for urine drug screening tests for methadone, opiates and PCP.

These are not all the possible side effects of Bonjesta®. Call your doctor for medical advice about side effects.

Keep Bonjesta® and all medicines out of the reach of children. Carefully read the storage instruction as detailed in the Bonjesta Patient Information leaflet.

Duchesnay USA encourages you to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088

Learn more at Bonjesta.com